

**Dr. Angela Bremer and Dr. Kandace Johnson  
&  
POWER OF LIFE CHIROPRACTIC CENTER PRESENT**

# **FREE HEALTH SEMINARS**

## **New Year, New You!!**

(Join us for a FUN evening of sharing our lives through creating Vision Boards. Bring pictures, magazines, photos of your favorite things, along with a poster board to design what you would like to manifest in 2012)

**Tuesday, January 17<sup>th</sup> 2012 at 6:30pm**

## **Alphay Open House**

(Come and learn about our trip to China. We would like to share our experience, show you pictures and let you see the great products based on a 5,000 year history of health in China)

**Tuesday, January 31<sup>st</sup> 2012 at 7:00pm**

## **Why Purify?**

(Wanting to start the New Year with a healthy mind and body? Join us to learn what purification is, how it works and if it's right for you!)

**Tuesday, February 7<sup>th</sup> 2012 at 6:30pm**

## **Heart Health**



( During this month of "LOVE" join us to learn how you and your loved ones can have a healthier Heart and Cardiovascular system)

**Wednesday, February 15th at 6:30pm**

## **Balancing Female Hormones**

(Discussing everything from PMS, Acne, Infertility, Menopause, Anxiety, Depression and General Health)

**Thursday, March 1st 2012 at 6:30pm**

## **Spring into Health**

(Health tips and ideas to get the spring back in your step!)

**Monday, March 12th at 6:30pm**

All Seminars will be held at: **Power of Life Chiropractic - 7924 Victoria Drive - Downtown Victoria**  
To reserve your seat call: **952-443-9000**